

**Look around this room!**



 **Email & VoIP Meetings 24/7/365**

## **The OSA Fellowship**

The CAOSA provides access to C.A. meetings and information about C.A. 12 Step Recovery. We are a bridge that connects the worldwide Fellowship of Cocaine Anonymous to addicts who are in recovery and those who still suffer from addiction to drugs and/or alcohol. In many cases, we are the first contact to recovery from addiction.

Many of our members do not only attend or are not able to attend, face-to-face meetings for a variety of reasons.

- They are recovering from surgery
- They are traveling, or far from home
- There are no meetings where they live
- They have no transportation
- They're afraid to go to a f2f meetings
- There are no accommodations for special needs access in local meeting locations
- They simply desire a new recovery experience
- They wish to expand their circle of like-minded friends

## **What is the OSA?**

The Online Service Area (OSA) connects likeminded members across the globe. It is the only worldwide Area in the service structure of cocaine Anonymous and is entrusted with carrying the virtual C.A. message of recovery. To this end, we incorporate the use of software and technologies available and capable of meeting the online needs of our Fellowship. We host C.A. email and VoIP meetings, conduct business, and hold virtual events in service of carrying our message beyond the confines of specific locations, boundaries. We are a registered nonprofit with the State of California.

## **What Else We Have to Offer**

**Streaming from Live Events:** The OSA offers the ability for World, Regional, and Area events to share speakers in real-time with the C.A Fellowship around the World (audio and video).

**Online H&I:** Facilities, Treatment Centers, and Out-Patient programs can bring C.A. meetings to their clients and residents without having to arrange for transportation.

**Presentations and Workshops:** Time can be set up for Step & Tradition Workshops, The PI Road Show, Cooperation with the Professional Community Presentation, Service Workshops, etc.

## **Contact**

**OSA\_Delegates@ca-online.org or  
Webmaster@ca-online.org  
for more information**

## **Starting a Meeting in the OSA**

The OSA has VoIP meetings and email meetings. Email meetings run 24/7 and can be set up by contacting the OSA webmaster at [webmaster@caonline.org](mailto:webmaster@caonline.org).

We suggest that you attend several OSA meetings to familiarize yourself with the capabilities of the different VoIP meeting platforms we utilize.

Pick 3 possible days of the week and time for your VoIP meeting and decide what kind of meeting it will be at the start: Participation, Literature Study, Speaker, Participation, Open Topic Sharing, etc. You can change the format weekly as you see fit. Adhering to a set schedule is helpful. Changes can be made according to your group's conscience as the meeting builds.

We encourage new meetings to avoid conflicting with the days and times of existing meetings on VoIP platforms. Meetings in a language other than English would be an exception.

You will need to have a Secretary/Chair, Host, and GSR to begin and be added to the OSA WhatsApp Group.

OSA VoIP meetings comply with the 12 Traditions of C.A. We post a digital disclaimer at the start of the meeting, read the C.A. Preamble, post and read a 7<sup>th</sup> Tradition link, and add the 6<sup>th</sup> Tradition disclaimer for any links to AA literature that is C.A. Conference-approved.

OSA PI announces new meetings in all appropriate and available places to help build your meeting attendance. If you create a graphic for your meeting, please send it along in a pdf and jpg format. Otherwise, one can be created for you.

When all your service positions are filled (per your meeting's group conscience) and the meeting has shown itself to be viable, we will happily add it to the online directory – usually in around 90 days.

## History of the Online Service Area

In 1995 Cocaine Anonymous created its first web site. Almost immediately, the C.A. World Service office began to receive dozens of emails each day. Among the emails received were emails asking: *“Are there any online C.A. meetings?”*

Our first meetings began on a now antiquated email platform. The first online meeting, *“Hope, Faith & Courage”* opened in 1997. By 1999, two more meetings had formed - *“Sisters in Sobriety,”* and *“The Study.”*

These online groups came together to create the Online Service Committee, using the internet domain of [ca-online.org](http://www.ca-online.org).

At the C.A. World Service Conference of 2000, the Online Service Committee was ratified as an Area, making it the online equivalent to the traditional Areas that make up the C.A. fellowship. This is how the Cocaine Anonymous Online Service Area was born.

More email meetings followed, and in 2010, VoIP meetings were introduced.

Today we have daily meetings with hundreds of members participating from around the world via Skype or the Go-To-Meeting platform, including in languages other than English.

**The OSA allows anyone with an internet connection access to connect with and participate in C.A. recovery.**



## The Online Service Area of Cocaine Anonymous